# Elementary School Athletics "Try Everything!"



### **Program & Eligibility**

## Elementary School Athletics Program & Eligibility

### **Eligibility**

- Building Principal has final say on student's eligibility
- Building Principal may suspend and/or reinstate student athlete at their discretion
- School Office, Principal/Coach to monitor eligibility either electronically and/or manually
- Grades, Misbehavior and resulting consequences will be addressed by the coach and principal

### Required

- Each school team must have a team coach
- Permission form must be signed by parent/guardian and returned to the school
- Make sure parent/guardian sign the permission form
- Passing Grade as determined by the Building Principal
- Good behavior inside and outside the classroom
- Consistent practice attendance & communicating to the coach if practice must be missed
- Parent/Guardian transportation to/from practice/games

### Not Required

- No Sports Physical required, but parent/guardian should advise school/coach of medical issues
- No activity fee

### Transfer Rule

 If a student transfers schools after the start of any given season, they may be added to the team with the permission of the building Principal

### **Uniform (T-Shirt)**

- District supplied or school provided
- The coach is responsible for issuing, collecting, laundering & storing at the school
- At no time are uniforms/to be given to a student to keep as their own

### **Coach Responsibilities/Expectations**

- Always remember you are a role model for the kids, parents, families, fans
- At all times, coaches are to keep emotions and composure under control
- Ensure students display the utmost integrity/sportsmanship at all times
- Coaches are to ensure each student on your team has the opportunity to learn a new skill
- Primary focus should be that each student gets equitable playing time in every game no matter the outcome of the game
- Management of issuing and collecting team uniforms/t-shirts
- Document team rules and share with Principal, Parents and Students
- Communicate to the Principal, Parents and Students the Practice, Game, Meet Schedule
- Be aware of student poor behavior/sportsmanship, bullying, etc... and report all infractions to your Building Principal to help address, correct and/or suspend.
- Coaches are not allowed to transport students to/from Practice & Games
- Coaches are to stay after practice/games until all kids on the team have been picked up by parent
- No arguing/challenging the decisions of the officials including referees and/or scorekeepers
- No arguing/challenging other Coaches, Parents, Fans and/or players of other teams
- Be on Time & Communicate if Game Must be Missed
- Coaches must arrive 15 minutes prior to game time to get their team organized



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### **Activities**

•	Fall Cross Country	Aug-Sept	3-4-5-6 Grade Boys/Girls	No Cut Sport
•	Fall Wrestling	Sept-Oct	4-5-6 Grade Boys/Girls	No Cut Sport
•	Fall Boys Basketball	Oct-Dec	6 Grade Boys	Cut Sport
•	Fall Girls Basketball	Oct-Dec	4-5-6 Grade Girls	No Cut Sport
•	Winter Wrestling	Dec-Feb	2-3-4-5-6 Grade Boys/Girls	No Cut Sport
•	Winter Volleyball	Jan-Feb	4-5-6 Grade Girls	No Cut Sport
•	Spring Track/Field	Mar-Apr	5-6 Grade Boys/Girls	No Cut Sport

### **Age Group Clarifications**

- Underclassman may be added to an activity if participation numbers are needed
- 5<sup>th</sup>/6<sup>th</sup> Graders:
  - May participate in both the elementary school and middle school cross country and track/field programs. They do not need to choose one level over the other level.
  - May not participate in the elementary school and middle school basketball and/or volleyball programs. They must choose one program over the other.

### **Practice and/or Game Cancelation**

• In the event of high-risk weather conditions, DPS 61 will make the decision to cancel and/or delay Elementary School Athletic activities and communicate accordingly.

### **Practice Time**

- Coach is to conduct no more than 3 hours of practice time per week not counting games:
  - Option 1: 2 practices a week with no session exceeding 90 minutes = 180 Total
  - o **Option 2:** 3 practices a week with no session exceeding 60 minutes = 180 Total
- Practice time includes warmup, instructions, drills/scrimmage, cooldown, instructions
- Coach is to ensure kids have water and/or restroom breaks
- Coach is to ensure students have properly stretched/warmed up before engaging in a work-out

### No Open Gym

• There is to be no "Open Gym" sessions during the elementary school season as this will be viewed as additional practice time beyond the 3-hour weekly limitation. Any school in violation, intentional or not, may result in the school forfeiting all Elementary School games played and/or the opportunity to play in season ending tournament(s).

### Playing Teams Outside the DPS 61 Program

- DPS 61 Elementary Schools may scrimmage other school teams outside the DPS 61 Elementary School Program
- The DPS 61 Building Principal must agree & approve in advance of the contest
- The DPS 61 School is to provide all transportation to and from the contest & and required fees
- The scrimmage counts as a weekly practice for the DPS 61 School
- DPS 61 Insurance covers all students in the event of a player injury during the contest
- **Note of Caution:** The DPS 61 Elementary School must not scrimmage an IESA Middle School Team, which could put the IESA Middle School Team and/or players at risk. Recommend scrimmaging another school's intramural team similar to ours



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### **Volunteers**

- There is a Head Coach for each team and a roster of players
- When we play games @ The DISC, on the bench is only the Head Coach and Players
  - o **Exception 1:** Building Principal may sit on the bench at any time they so wish
  - Exception 2: Building Teacher, Teaching Assistant, Staff Member, etc... may sit on the bench to help with bench behavior, etc... if approved by the Building Principal
- If approved by the Building Principal, a school team may have a Parent/Guardian Volunteer

### **Equipment**

- DPS 61 will provide the following:
  - Size 28.5 Basketballs for each school (Quantity 6)
  - Volleyball Lites for each school (Quantity 10)
  - Relay Batons for each school (Quantity 4)
  - o 6 LB shot put for each school (Quantity 1)
  - o Items will be resupplied on every other year basis via the program coordinator
  - o Each school does not need to order their own unless they so choose

### **Issue Reporting**

- Coaches who encounter an issue that needs to be resolved should report the concern to:
  - The Building Principal